

# Grande Traversée de l'Ardèche VTT Stage 3 from Les Estables to Lanarce

● **Difficult**

🚲 **Electric mountain bike** ⌚ **5 h 46 min**

↔ **55.7 km**

📍 **Départ** 2 Route des Infruits  
43150, Les Estables

📍 **Arrivée** Route du Col du Pendu  
07330, Astet



## Descriptif

For this 3rd stage, small gears and big landscapes are on the agenda. The Ardèche mountains are a feast for mountain bikers, with moors of heather and broom. You'll discover a unique volcanic landscape with the sucs, phonolitic volcanoes shaped like "sugar loaves". At Mont Gerbier de Jonc, a sentinel of dark lava, you can fill your gourd at the source of the Loire. Then, between woods and vast, undulating meadows, you'll reach Mazan-l'Abbaye and a steep, broom-lined path following wide tracks will take you to Lanarce.



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